

C3 GROUP QUESTIONS

F2020-WEEK 11

11/09/20

Getting Started with a Warm-Up:

- Please watch this Christian music video on YouTube.

<https://www.youtube.com/watch?v=wMmmbJIWhtk>

- Please share with your group your typical actions/reactions (emotional, mental, physical) when you focus on an issue that makes you stress, worry, or fear?
- When you stop worrying about something, what causes you to stop stressing or worrying on that issue?

Getting Down to Business:

The following questions are following this format: Scripture, Observation, Application, and Prayer (SOAP).

- 1) **Scripture/Observation:** Read Matthew 6:24-34. A) How does v. 24 relate or fit into what Jesus is saying about worry? B) What term does Jesus repeat four times in this passage? Why do you suppose He repeats this? C) Instead of stress or worry what are we to focus our attention on?
- 2) **Application:** A) If you memorized Philippians 4:6-7 this week, quote it to your group:
“6 Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” (Philippians 4:6-7, NLT)
B) What steps will you start to take to more actively “seek the Kingdom of God?”
- 3) **Prayer:** Please guide your group in prayer asking God to help us prioritize Him and His Kingdom above the things that could steal our focus and cause us to worry.

“So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.” (Matthew 6:34, NLT)